

### **2025 GCE O-Level Results Release: Supporting Your Teen**

Dear Parents/Guardians,

The 2025 O-Level results will be released soon. Regardless of the outcome, it is important for our teens to know that they are loved for the person that they have grown up to be, and that their grades do not define who they are in our eyes.

The support you offer your teen during this milestone is especially necessary and valuable in helping your teen manage emotions and be positive when deciding on next steps.

Do take this opportunity to have open conversations with your teen about his/her interests and choices and build his/her pathways together.

#### **Resources for Parents**

For more resources on providing social and emotional support, affirming your teen, and supporting your teen's transition through post O-Level education, please refer to: <https://go.gov.sg/selresforparents>. You can access ECG resources via the *What's Next* pamphlet (<https://go.gov.sg/whats-next-olevel>) and the *MySkillsFuture* Student Portal (<https://go.gov.sg/MySFSec>).

#### **ECG Counselling Services**

For ECG counselling support, students may contact the ECG Counsellor in their schools or make an ECG counselling appointment with the ECG Centre @ MOE from 7 - 21 January 2026 (Weekdays: 9.00 am to 5.00 pm; Saturdays: 9.00 am to 12.00 pm) through the appointment booking form below.

- Email: [moe\\_ecg@moe.gov.sg](mailto:moe_ecg@moe.gov.sg)
- Appointment booking form: <https://go.gov.sg/moe-ecg-centre>
- Education and Career Guidance (ECG) Parent Resource: <http://go.gov.sg/olevel-ecgparentresources>

#### **Collection of GCE O-Level Results**

All students are to return to their Secondary schools to collect their results. Those who are unable to collect their results in person can appoint a proxy to collect a physical copy of their results from the school. Proxies are required to produce the relevant documents for the school's verification when collecting the results.

Please refer to the attached information sheet for more tips and resources on supporting your teen.

Thank you.